/ · !

E@[illegible]

%;51-MB0;>=: 24 G0A0 D5@<5=B0F88 A 0:B82=>9 70:20A:>9, E>;>4=0O @0AAB>9:0 2 10=5B>=5 8 GC3C==



"	"	!"	" "#
1440 <8=	**50** <8=	**8**	**230 °C**

=3@5485=BK

425 g E;[illegible]0 (

350 ml D8;LB@0>20==0O 2>40 (~28 °

100 g 0:B82=0O 70:20A:0 (?>:>@<;5=0 70 8-12 G)

75 g F5;L=>75@=>20O ?H5=8G=0O <C:0 (15% >B >1I53> 25A0)

10 g <5;:0O <>@A:0O A>;L

20 g @8A>20O <C:0 (4;O 10=5B>=0)

(038

1 ", ! #

0:0=C=5 25G5@>< ?>:>@<8B5 70:20A:C C [illegible] 4K). AB02LB5 =0

2 "

!<5H09B5 >15 <C:8 A 330 <; 2>4K (20 <; >AB02LB5 =0 ?>B><). 5@5<5H09B5 ;8HL 4> 8AG57=>25=8O ACE8E CG0A

3 ", ! # ! ,

>;>68B5 70:20A:C A25@EC 8 2<5H09B5 5Q I8?:0<8. 0AB2>@8B5 A>;L 2 >B;>65==KE 20 <; 2>4K 8 2;59B5 2 B5AB>

4 STRETCH & FOLD (4 &)

064K5 30 <8=CB 2 B5G5=85 2 G0A>2 A<>G8B5 @C:C, 2>7L<8B5 B5AB> 70 >48= :@09, ?>BO=8B5 225@E 8 A;>68

5 !!

>A;5 G5B2Q@B>3> A:;04K20=8O 409B5 B5ABC >B4>E=CBL 5IQ 1-2 G0A0, ?>:0 =5 2K@0AB5B =0 50% 8 =5 AB0=5

6 $

K;>68B5 B5AB>< H2>< 225@E 2 10=5B>=, >18;L=> ?@8AK?0==K9 @8A>2>9 <C:>9. 0:@>9B5 ?@5420@8B5;L=K9 H0@, 409B5 20 <8=

7 COLD RETARD 12 '

>;>68B5 B5AB> H2>< 225@E 2 10=5B>=, >18;L=> ?@8AK?0==K9 @8A>2>9 <C:>9. 0:@>9B5 ?0:5B>< 8 2 E>;>48;L

8 ", ""#

! 45D;5:B>@>< 8 5@68B5K<8<8;Q< 45AB02LB5;5< 2>:@C3 >B 4>1@>3> 0@><0B0 4> 230 °

9 + #

>AB0=LB5 :>:>BBC, ?5@525@=8B5 B5AB> =0 ?5@30<5=B (H>2 B5?5@L A=87C). !45;09B5 3;C1>:89 =04@57 ?>4

10 + ",

0:@>9B5 :0<8=0 4;O 4>1@>3> 4>< 0 4>@>3> 4>< 0 4> 230 °. >AB0=LB5 8 >E;048B5 =0 @5HQB:5 <8=8<C<

!@25K>@0

- @>25@LB5 70:20A:C B5AB>< =0 ?;02CG5ABL: G09=0O ;>6:0 2 AB0:0=5 2>4K. ;0205B — 3>B>20. ">=5B — 648B5.
- 10=5B>=5 @8A>20O <C:0 =5 ;8?=5B =8 : B:0=8, =8 : B5ABC. 1KG=0O ?H5=8G=0O 2?8BK205B 2;03C, 8 B5AB> ?@8
- 04@57 — MB> C25@5==>ABL: 1KAB@K9, 3;C1>:89, ?>4 45°. !><=5205B5AL — ;57285 F5?;O5B 8 B5AB> @2QBAO.
- >:>BB5 =C 6 ;57 8 B5 8 2 @ 8 B8G5A:85 ?5@2K5 5 <8=CB =0
- ABC609B5 <8=8<C< G0A =0 @5HQB:5 ?5@54 =0@57:>9. 07@565B5 3>@OG8< — <O:8H >AO45B 8 AB0=5B @578=

!4 @ 5 B

Monolith Classic Pro 2.0
mikamado.es/ru/kamados/monolith-classic-pro-2-cart

Jealous Devil 100% 1 K9
CA:>2>9 :C 7 >B @@ 8 2 GB>1K 45@60BL 230 °
mikamado.es/ru/accesorios/jealous-devil-quebracho-lump-charcoal

Petromax FT9 ( )
'C3C==K9 :070= C45@68205B ?0@ >B B5AB0, 8 :>@:0 ?>;CG05BAO E@CABOI59.
mikamado.es/ru/accesorios/petromax-ft9-dutch-oven

Kesper 19631: K
mikamado.es/ru/accesorios/kesper-banneton-ratan-25cm

>, K9 @5F5?B.
mikamado.es/ru/recetas/pan-rustico-masa-madre-dutch-oven