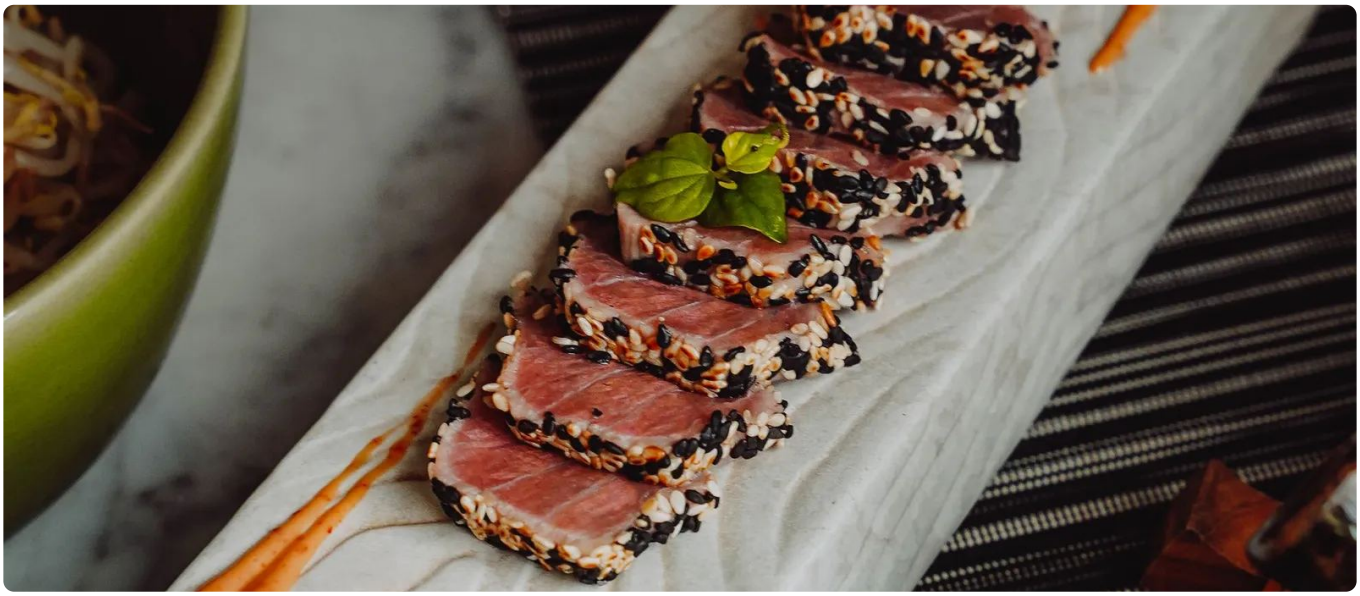
"2,>[illegible]=K9

CA>: :@0A=>3> BC=F0 2 :C=6CB5, >160@5==K9 ?> 30-45 A5:C=4 A :064>9 AB>@>=K =0 @0A:0;Q==>< :0<



" " !" " "#

20 <8= **4** <8= **4** **280 °C**

=3@5485=BK

600 g D8;5 :@0A=>3> BC=F0 >4=8< ?@O<>C3>;L=K< **4 cda** <A5@45G=K5 (A>@B0 AK@0 >3> 8 GQ@=>3>)

3 cda A>52K9 A>CA **1 ud** ;09< (A>: 8 F54@0)

15 g A25689 BQ@BK9 8<18@L **1 cda** ?>460@5==>5 :C=6CB=>5 <0A;>

2 cda >[illegible] **1 pizca** <>@A:0O A>;L E;>?LO<8

(038

1 ! ", "# &

>AB0=LB5 BC=F0 87 E>;>48;L=8:0 70 15 <8=CB 8 BI0B5;L=> >1ACH8B5 1C<03>9: 2;06=0O ?>25@E=>ABL =5 C45(

2 & " #! + ! #!

!<5H09B5 A>52K9 A>CA, A>: 8 F54@0C ;09<0, BQ@BK9 8<18@L 8 ?>460@5==>5 :C=6CB=>5 <0A;>. >?@>1C9B5 8

3 # #" /

!<06LB5 :064K9 1@CA>: =51>;LH8< :>;8G5AB2>< >;82:>2>3> <0A;0 8 I5?>B:>9 A>;8. 0AAK?LB5 :C=6CB =0 B0@5;:

4 ! ", #

!>15@8B5 :0<04> €0 ;8@0 >B 620@;5 [illegible]

5 30-45 !

K;>68B5 1@CA:8 =0 ?;8BC 8 >160@LB5 ?> 30-45 A5:C=4 A :064>9 AB>@>=K, ?>2>@0G820O, GB>1K ?>4@C<O=8

6 " +%

5@5;>68B5 BC=F0 =0 4>A:C 8 409B5 >B4>E=CBL 2 <8=CBK, GB>1K >AB0B>G=K9 60@ 70:@5?8; :>@:C. G5=L >A

!@25BKB>@0

- >:C?09B5 [illegible]
- 1ACH820=85 >1O70B5;L=>. ;06=K9 BC=5F =5 AE20B8B :>@:C, A=878B B5<?5@0BC@C ?;8BK 8 2 8B>35 70?0@8B
- 56LB5 2A5340 ?>?5@Q: 2>;>:>= >G5=L >AB@K< =>6><: BC?>5 ;57285 <=QB 2>;>:=> 8 @07@CH05B :>@:C. >6 4;O

!4@5A8=C5<K5 B>2@K

Big Green Egg Large

"0B0:8 Big Green Egg Large AB>8B 2 [illegible]

mikamado.es/ru/kamados/big-green-egg-large

Jealous Devil 100% [illegible]

mikamado.es/ru/accesorios/jealous-devil-quebracho-lump-charcoal

Lodge [illegible]

;O B0:>9 :>@>B:>9 Lodge [illegible]

mikamado.es/ru/accesorios/lodge-plancha-cuadrada-11

Ooni - [illegible]

B0B0:8 B5<?5@0BC@C ?;8BK 8 2 8B>35 70?0@8B [illegible]

mikamado.es/ru/accesorios/ooni-termometro-infrarrojo

Kai Shun Classic DM-0702 – [illegible]

mikamado.es/ru/accesorios/kai-shun-classic-santoku-18-dm-0702

>,=K9 @5F5?B:

mikamado.es/ru/recetas/atun-rojo-sellado-sesamo-kamado

0:A>2>9 [illegible] 57 4>?>;=8B5;L=KE 70B@0B 4;O 20A.